

London Regional Open 2007

The last domestic competition of a very eventful year was the London Regional Open and Weston Aerobic Gymnastic club took eight gymnasts along to compete at this up and coming competition. The gymnasts all excelled themselves completing a clean sweep and bringing home gold medals for every category entered.

All the gymnasts taken to this competition have now been invited to join the elite squad and are in their first year of competing.

In the 10/11 year old trio category, Emma Deakins, Katherine Forster and Isabelle Jeffery performed with confidence to get the gold medal. Nicole Smith not only won the gold medal in the 10/11 year old individuals, but also had the highest score of the day, making Nicole unbeaten in competition this year.

In the 12-14 group, Louisa Capel, Georgia White, Chelsea Fletcher and Sally Dean completed the set to collect their gold medal.

Club manager Debbie Saunders was delighted that all the regional competitive gymnasts have performed so well all year. "It goes to show how effective the development side of the club is and I am looking forward to the girls competing at the National Championships next year".

Anyone interested in contacting the club please contact Debbie on 07779802110.